

# **The Louisiana Academy of Sleep Medicine Annual Meeting—AGENDA October 27<sup>th</sup> and 28<sup>th</sup> 2017**

Day 1 Lectures October 27, 2017

Registration/Exhibits/Continental Breakfast 7:00-7:50

Welcome and Announcements 7:50-8:00

**Positive Airway Pressure Titration and Oxygenation: A Case Based Approach 08:00-09:00**

Patrick Thompson, LRPSGT

Derek Woo, MD

Objectives:

Review of Basic PAP Titration Common Errors in sleep studies Learn PAP Titration in Challenging cases (COPD, Heart Failure, etc...)

Learn Proper use of Supplemental Oxygen during Titration

**Emerging Roles of a Daytime Sleep Technologist 09:00-10:00**

Christopher Harr, LRPSGT

Objectives:

Review of how we got here

Discuss development of a HSAT Program

Demonstrate skills needed for PAP clinics

Examine new skills related to payer issues

Break in Exhibit Area 10:00-10:30

**Sleep-Disordered Breathing in Neuromuscular Disorders 10:30-11:30**

Kevin Renee Hargrave, MD

Objectives:

Describe common neuromuscular disorders

Recognize the impact sleep breathing in neuromuscular disorders

Discuss treatment of sleep

breathing disorders differently in patients with neuromuscular disorders

Explore the effect of adherence or proper sleep breathing treatment impact on survival in neuromuscular disorders

**PICK UP LUNCH 11:30-12:00 Seating in Lecture Hall**

**Quiz Bowl 12:00-13:30**

Wade S. J. Young, LRPSGT

Objectives:

Explore various topics related to the profession of Sleep Medicine and polysomnography

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Circadian Rhythm Disorders: A case-based Approach 13:30-14:30

Supat Thammasitboon, MD

Objectives:

Explore common circadian rhythm disorders

Review diagnostic approach to common circadian rhythm disorders

Explore management for  
common circadian rhythm disorders

Surviving the Surveyor 14:30-15:30

Peter Allen, BS, RRT, RPSGT

Objectives:

Attendee will have a better understanding of inspection preparation and process.

Attendee will be better prepared for their next accreditation or other surveyor/consultant site visit.

Attendee will be better able to prepare staff for survey visits. Attendee will be more aware of the safety and infection control issues being focused on this year.

Break in Exhibit Area 15:30-16:00

Bi-level therapy and modes 16:00-17:00

Rose Batenhorst, RRT, RPSGT

Objectives:

Describe nocturnal ventilation characteristics that may indicate underlying conditions

Discuss benefits of bilevel therapy for specific SDB patients and algorithms

Recognize settings used in bilevel treatment

Understand the benefits of monitoring therapy efficacy

Cocktails 17:00-18:00

# **The Louisiana Academy of Sleep Medicine Annual Meeting—AGENDA October 27<sup>th</sup> and 28<sup>th</sup> 2017**

Day 2 Lectures October 28, 2017

Registration/Exhibits/Continental Breakfast 7:00-7:50

Management of Complex Patients in Your Sleep Lab 08:00-09:00

Peter Allen, BS, RRT, RPSGT

Objectives:

Attendee will have a better understanding of the underlying physiology of the co-morbid OSA patient and various aspects of overlap syndrome between disease states.

Attendee will be better able to plan and cope with the complex patients in their sleep labs.

Attendee will learn to grow clinically while realizing the financial opportunity that these patients represent to their sleep centers.

Cannibus and Sleep in Louisiana 09:00-10:00

Joseph Y. Bordelon, Jr., MD

Objectives:

Review the recent Legislation Act 96 and Senate Bill 271 (2016) that authorizes medical marijuana for Louisiana

Review facts and fiction about cannabis and sleep and sleep disorders

Break in Exhibit Area 10:00-10:30

PAP Adherence Exploded 10:30-11:30

Mark A. McCarthy, MD

Objectives:

Explore challenges of PAP acceptance and perceived importance.

Describe the importance of education in disease management.

Explore common and less common barriers to achieving good mask fit.

ADJOURN 11:30-12:00

N.B. Remember to turn in completed evaluations for educational credits. \*\*Membership dues for LASM are due in January 2018.\*\*